

**\*For the latest COVID-19 resources and links go to our resource page\***

**\*For previous member resources that are still available, [click here](#)\***

## Weekly Update

### Week of November 23rd, 2020

Happy Wednesday CHN family! We wanted to make you aware of some resources that were sent our way this week. We wish everyone a safe and very Happy Thanksgiving! **FREE coronavirus testing sites for this week can be found [here](#).**

**Have a great week!**



### Resources for a Safe Thanksgiving:

Although the CDC is urging Americans to not travel during the landmark American holiday, we understand many will keep their plans to see their loved ones on Thanksgiving. If you are planning to travel out of the state, we recommend checking out the Ohio Department of Health's most up to date **COVID-19 Travel Advisory Page** ([click here](#)).

If you happen to travel to a state that has a positivity rate of over 15%, the 14-day quarantine advisement is still in place for Ohioans returning after their travels.

Check out the CDC's [Thanksgiving Day Guidance Page](#) for more information!

For those that are unsure of what their plans will look like on the day, here are some interesting ways that families are keeping their thanksgiving traditions alive, even if they aren't meeting in person!

- **Connect during the Meal-Prep:** Call those friends and family that aren't able to celebrate with you in person and chat with each other while you prepare the day's meal.
- **Send Thanksgiving Care Packages:** Have your kids make Thanksgiving crafts to send to your friends and family, make Thanksgiving treats to send to family or other Thanksgiving themed items!
- **Have a "Thanksgiving Gratitude Ceremony":** Video chat or call your friends and family and share what you are most grateful for. In a year like this, it can be hard to turn our focus from the losses we have all experienced, but reminding ourselves of what keeps us going and the people in our lives that we are thankful for can always help us re-center our thoughts!

For more ideas, especially for those with young children, check out this [post from Connecticut Children's](#).

### \*FREE\* Member Resources:

#### **\*FREE\* Dental Equipment Available**

A dental chair and light (in very good condition) as well as some dental supplies are being donated to our organization! For those that offer dental services and are interested in the equipment, please contact Lori Levenson for more details!

You can contact Lori directly [via email](#), or by phone: (740)-335-8877

#### **Community Health Workers Available to Volunteer!**

The Community Health Worker program at The Ohio State University is preparing their current cohort for graduation. If your clinic is in need of volunteers, has community health worker job openings or has additional services that you think might support recently-graduated CHWs, please [contact Samantha King via email!](#)

Volunteers will most likely be concentrated in the Central Ohio area, but contact Samantha directly for more information.

### Important News:

#### **What to Say to Friends or Family Members Who Hesitate to Wear a Mask**

As we enter the holiday season, and plan to visit friends and family, the idea of wearing masks can be forgotten. When we are around our friends and family, we let our guards down. We think, "they would never get me sick." But for our own personal health and the health of our communities, we must continue to encourage mask wearing when we are around anyone not in our immediate household. Check out this article from US News and World Report giving you tips on how to address this topic even with your closest friends and family.

[Click here](#) to view the full article.

#### **From Tuskegee to a COVID Vaccine: Diversity and Racism Are Hurdles in Drug Trials**

As the race to approve the first COVID-19 vaccine continues, diversity in the research participants has been on everyone's mind. Although both Pfizer and Moderna have seen notably high participation by communities of diverse backgrounds, many are saying there is still much progress to be made. Historical mistreatment of Black, Indigenous and People of Color (BIPOC) has left these communities feeling wary about putting their full trust in our healthcare system. Members of the pharmaceutical industry are learning from the mistakes of the past in hopes of bringing forth a more equitable and trustworthy system.

[Click here](#) to view the full article.

#### **Addressing Social Determinants of Health at the Pharmacy**

A recent study showed that not only do patients find pharmacists more trusted than doctors, but they also interact with pharmacists nearly twice as much as their Primary Care doctors (the study is linked [here](#)). Check out this article to see how pharmacists are addressing the social determinants of health with each patient interaction.

[Click here](#) to view the full article.

# 4

## WAYS TO GIVE TO CHN ON GIVING TUESDAY

1. As a member of the community or a licensed medical professional, volunteer your time at one of our clinics!
2. Share our story and our message with your networks
3. Donate on our [website](#), or on our [Facebook Page](#)
4. Follow us on Twitter @CHNNetwork\_ and Facebook to stay updated and share everything CHN!

Dec 1, 2020

As everyone knows, 2020 has been quite the challenging year. Through combatting a pandemic, to skyrocketing unemployment, we have faced challenges like never before. But being able to serve the community the way that we have has been the silver lining through it all. Our clinics have been more innovative and hard-at-work than ever before. From shifting to using Electronic Medical Records, expanding telemedicine services, providing at-home visits or dropping off care packages, our clinics have answered the call to help those who need it most.

So in these hard and unprecedented times, we want you to know your donation goes a long way. **According to values pulled from Healthcare Blue Book, \$1.00 donated is equivalent to \$6.45 of medical services provided to your vulnerable neighbors!**

Donate on our [Facebook Page](#) or on our [Website!](#)

### COVID-19 Discussion Group:



The Charitable Healthcare Network is hosting a **bi-weekly** virtual discussion group for Ohio's charitable healthcare organizations. Here we will check-in with one another as well as share resources and strategies on our approach to handling the COVID-19 pandemic. Meetings will be held Wednesdays from 11am-12pm. Download the recording from our most recent meeting below or register to join live!

**December 2nd, 2020 at 11 am**

December 2nd, 2020 will be our **last** COVID-Call of the year! CHN staff will be sitting down with membership to reflect on 2020 as it comes to a close. We will also discuss how we plan to stay connected as we welcome in the new (and hopefully better) 2021! Please join us for this important chat!

**Would you or someone you know be interested in hosting a discussion?** [Click Here.](#)

[Download, view, or watch meeting recordings here](#)

[Register for this Exclusive Webinar](#)

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